ALL DAY FAVES

Ba<mark>con & eg</mark>g roll 8.9 Grill<mark>ed bacon</mark> & egg on a lightly toasted white roll Add double bacon, 2 cheeses, halloumi or avocado **3.9 each** Ham, cheese &/ tomato toasty 8.9 On artisan sourdough rye toast add 2.50 Spicy sausage & egg roll Add bacon, 2 cheeses or avocado **3.9 ea** 9.9 Deluxe bacon & egg roll or wrap 14.9 Double bacon, 2 fried eggs, cheese with pesto & green mayo on a lightly toasted white roll or wrap 2 eggs on sourdough rye 14.9

23.9 Eggs benedict Bacon, 2 poached eggs, spinach and classic French hollandaise sauce on 2 slices of artisan sourdough rye toast

Your choice of 2 fried, scrambled or poached eggs on

2 slices of artisan sourdough rye toast

18.9 Bacon & eggs on toast Bacon and your choice of 2 fried, scrambled or poached eggs on 2 slices of artisan sourdough rye toast

add mushroom 6

Your choice of omelette 27.9

Ham & 2 cheeses. Chorizo or Mushroom & Onion with mixed herbs laced in garlic butter served on 2 slices of artisan sourdough rye toast

GOODNESS BOWLS

The Mind salad bowl

Berry, yoghurt & granola bowl 13.9 Açaí bowl 18.9 Blended Açaí, granola, desiccated coconut topped with seasonal fruits & condensed milk 26.9 The **vegan** bowl Baked falafel, avocado, marinated mushrooms, roasted chickpeas, tomato & hommus

tomato, onion & dukkah coated with a lemon dressing add grilled chicken 7 falafel or halloumi 6

Mixed leafy greens, avocado, roasted chickpeas, fetta,



OUR

Gluten free options available

BREAKFAST | LUNCH | COFFEE | SWEETS | FRESH JUICES | KINDNESS

We'll do our best to satisfy your special food requests, please ask 😊

OUR FAVES

13.9 Smashed avo with fetta, tomatoes & dukkah on sourdough rye toast

> Double the serve 19.9 Add an egg/halloumi 4.9

The Reubs sandwich 16.9 Pastrami, sauerkraut, pickles, cheese &

Chicken deluxe sandwich or wrap 16.9

Grilled chicken breast, cheese, tomato & green mayo on artisan sourdough rye toast or toasted tortilla wrap

Russian dressing on artisan sourdough rye toast

16.9 The Morty

Inspired by the famous mortadella sandwich from São Paulo, Brazil. Grilled premium mortadella, mozzarella & dijon mustard on a lightly toasted bread roll

Falafel wrap

Baked falafel, hommus, leafy greens, onion & tomato on a toasted tortilla wrap

Pancakes, ham, haloumi & sunnyside up eggs 26.9 2 Pancakes, 2 fried eggs, ham & grilled haloumi

KIDS MENU

22.9

ALL-DAY BREKKIE

served with maple syrup

Ham & cheese toasty 7.9 Nutella toasty 5.9 Pancakes, icecream & choccy sauce 12.9 13.9 Cheeseburger Grilled beef patty, cheese & tomato sauce 13.9 Chicken burger Grilled chicken breast & tomato sauce

ADD ONS

Avocado Grilled chicken Chorizo Spinach Egg Bacon Grilled Halloumi 6 Hollandaise sauce 3 Mushrooms Fetta

100% of profits goes towards our work on mental health and inclusion



15.9

ANGUS BEER

BURGER

with tomato, onion, lettuce, cheese & secret sauce

Angus beef burger with tomato, onion, lettuce, cheese & secret sauce

Grilled chicken burger 18.9 with tasty cheese, tomato, lettuce & sweet chilli mayo

17.9 Deluxe mushroom burger

Marinated mushroom, leafy greens, tomato & green mayo or pesto on lightly toasted bun

Cheesey beef burger with truffle mayo 21.9 Angus beef burger with 2 cheeses, tomato, caramelised onions, lettuce & truffle mayo

21.9 Chicken & brie burger Grilled chicken, brie cheese, leafy greens, caramelised

onions with dijon mustard

24.9 The big boy beef burger Angus beef with bacon, egg, tomato, onion, lettuce,

cheese & secret sauce

Bacon & Egg Roll Combo

Bacon & egg roll

W large coffee

Your choice of sauce

The Tradie Combo Brekkie toasty & large coffee





DINE-IN OR TAKE AWAY

18.9